



ST NICK'S NEWS

ST. NICHOLAS' HOME PENANG

ST. NICK'S NEWS

We from St. Nicholas' Home Penang are proud to present to you the first St. Nick's Newsletter. St. Nick's will be a bi-monthly newsletter which will cover different topics within the Home. You will find articles about our events, the different services we provide, current running projects and stories about our people.

We hope that you will enjoy reading our newsletter and please don't hesitate to forward this newsletter to everyone you know.

The editor



Reading Braille

VOLUME 1, ISSUE 1

10 MAY 2012

In this issue:

St Nick's News	1
Ride For Sight	1
Deaf Blind & Multi-Handicapped	2
Eye Conditions	2

Special points of interest:

- * New website launched in May 2012
- * Donate through GlobalGiving
- * Concert

RIDE FOR SIGHT

After last year's success, we from St. Nicholas' Home organized the "Ride for Sight" for the second time this past Sunday, with G Club as co-organizing partner and together with MPPP. This year we organized the event at the heritage side of Georgetown, starting and finishing at Straits Quay.

On the day itself we welcomed more than 700 participants and we hope for more next year.

On the day itself the Chief Minister of Penang, YAB Lim

Guan Eng, gave the starting signal and joined the Ride for Sight on one of our tandem-bikes. After the event the participants and other visitors could enjoy Mr. B and three rounds of lucky draw.

Our trainees had a great day; this Ride for Sight was the peak of all the tandem bike trainings they had and they really enjoyed the cycling. The people of Penang showed the people in Malaysia that the Blind and Visually Impaired people of Malaysia have the same opportunities as their sighted

peers and that they also care about a healthy living and nurturing Mother Nature.

We are already looking forward to the next Ride For Sight and we hope to see you all next year!



ONLY THE FIRST TWO EDITIONS OF ST NICK'S NEWS WILL BE IN PRINT.

SIGN-UP ONLINE TO RECEIVE EVERY EDITION OF ST NICK'S NEWS (WWW.SNH.ORG.MY)

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St. Nicholas' Home

DEAF BLIND & MULTI-HANDICAPPED

Deaf blind is a combination of hearing and visual impairments in a person. The children become deaf-blind due to various causes such as syndromes, multiple congenital anomalies, and prematurity and post natal. Children who are categorized deaf blind are singled out educationally because of impairments of sight and hearing.

The disability of deaf-blindness brings unique challenges to families, teachers and caregivers, who must make sure that the person has access to the world beyond the limited reach their own eyes, ears and fingertips. The most important challenges for parents, caregivers and teachers is to communicate with the child. In addition,

orientation, and mobility are also a major challenge. The child will need help in learning to move about in the world. Without vision or with partially sighted, he or she will not only have difficulty the navigating, but may also lack the motivation to be independently mobile.



Ms. Jayah playing with one of her

EYE CONDITIONS



Full Vision



Macular degeneration
Blurs central vision used for detailed tasks.



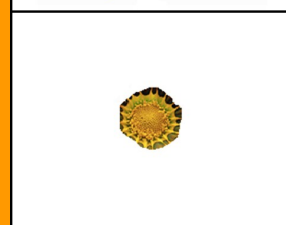
Cataracts
Can lead to blurred vision and sensitivity glare



Glaucoma
Can cause tunnel vision, reduce night vision and blurring of central vision in advanced cases.



Diabetic retinopathy
Causes reduced visions, sensitivity to glare and decreased night vision.



Retinitis pigmentosa
May cause tunnel vision and night blindness.

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